A Health Camp Report of Bilaspur, Chhattisgarh

By Medical Teachers Association of CIMS & Research College for Slum Area Organised General Medical Camp

Sachin Pandey

Assistant Professor, Department of Community Medicine, Chhattisgarh Institute of Medical Sciences, Bilaspur, Chhattisgarh 495009, India.

B.P. Singh

Professor & Head, Department of Pathology, Chhattisgarh Institute of Medical Sciences, Bilaspur, Chhattisgarh 495009, India.

Ramnesh Murthy

Joint Director, Medical Superintendent, Professor & Head, Department of Microbiology, Chhattisgarh Institute of Medical Sciences, Bilaspur, Chhattisgarh 495009, India.

Hemlata Thakur

Professor & Head, Department of Community Medicine, Chhattisgarh Institute of Medical Sciences, Bilaspur, Chhattisgarh 495009, India.

B. Kashyap

Assistant Professor & Head, Department of Dentistry, Chhattisgarh Institute of Medical Sciences, Bilaspur, Chhattisgarh 495009, India.

DATE: 12/02/2017

VENUE: IMILY BHATA, Indra Vihar, Bilaspur, CG

Medical teachers Association is a research action group housed in the Institute of Chhattisgarh Institute of Medical sciences and Research, for low socio economic group of people organized a free general health camp for the waste pickers at Imilybhata on dated 12.02.2017. The objective of the camp was to provide free general health check-ups, provide medicine as they needed and refer for free treatment those patients who required longer-term attention.

In the run up to the health camp, students of the Departments at the college who were engaged as interns at CIMS, approached Dr. Ramnesh Murthy, Medical Superintendent of CIMS Hospital to participate in a general health camp for the benefit of waste pickers at Imli Para of Indra Vihar, Bilaspur. On receiving confirmation from the hospitals, the students then approached prominent citizens of the city for sponsoring the bit notices for publicity of the event and for medicines for the attendees at the health camp. Researchers also CIMS, Bilaspur requested for and got the permission of the Corporation of Bilaspur, specifically the City Health Officer, for conducting the health camp at the Corporation Conservancy Inspector's Office at Imli Para dumpsite.

The one-day health camp organized at Imli Para for waste pickers was a success. A lot of the waste pickers had never had check up done before, and some hadn't had a check up done for 01-05 years. Given the hazardous nature of the work the waste pickers are engaged in and that health services are usually inaccessible to them, there was a need for such a camp to provide basic health services.

Details of the Health camp are given below

Details of specialists from CIMS as

Dr. Ramnesh Murthy

(Medical Sperintendent, Professor & Head Department of Microbiology),

Dr. Pankaj Tembunikar

(Professor, Department of Medicine),

Dr. B.P. Singh

(Professor & Head, Department of Pathology),

Dr. Bhupendra Kashyap

(Assistant Professor & Head Department of Dentistry),

Dr. S.K. Nayak

(Professor & Head, Department of Psychiatric),

Dr. Neeraj Shinde

(Professor & Head, Department of Surgery),

Dr. Meena Armo

(Professor & Head, Department of OBS & Gynae),

Dr Rahul Verma

(Professor & Head, Department of Optholmology),

Dr.Sameer Jain

(Associate Professor Department of Pediatrics),

Dr. Anmol Minz

(Assistant Professor, Department of Community Medicine),

Dr Sachin Pandey

(Assistant Professor, Department of Community Medicine),

Dr. Ashish Baghel

(Assistant Professor, Department of Community Medicine),

Dr. Prakash Khare

(Assistant Professor, Department of Dentisry)

were presented in Health Camp.

The CIMS Hospital provided 13 doctors and 10 staff members to conduct the general health camp. The camp started at 9.30 a.m. and ended at 1.30 p.m. Attendees were registered at a registration desk where their details, along with weight were taken down. They were then directed to a General Practitioner for a general health check up. Where required, a blood pressure check was also done.

Next, they were directed for a general eye check up, where cases in need were given free eye-drops. An optometrist was also present to check for defects in vision. As the hospital was providing free cataract surgeries and eye drops, the eye check up on the second day was essential.

Patients who were prescribed some basic medicines that were made available by the Hospital at the medical camp were also given dosage for up to 5 days on the spot in paper pouches. The medicines provided by the hospital free of cost were Paracetamol, Gelusil, Avil, B-Complex vitamin, Calcium supplement, Septran, Diclofenac and Mebex.

Around 331 people were benefited through this camp. Refreshments like buttermilk, Rasna and biscuits were provided to the patients and the doctors.

A break up of the different medical problems diagnosed is as follows:

Eye Cases: 36

ENT Cases: 30

Dental Cases: 25

Skin Cases: 36

Pediatric Cases:25

Gynecology Cases:25

G.P. Cases:60

Surgery Cases:30

Psychiatric:40

Eye Special Cases: 17

Cataract Surgeries Required: 7

Those attendees who required further medical attention were given slips to present at the reception of the hospital for free treatment.

In addition, Medical Teachers Association of CIMS sponsors of the health camphave donated the following medicines to the Camp:

T.ACCERA - 25 STP

T.PERISET - 25 STP

T.ZERODOL - 25 STP

T.GLX - 25 STP

T.ROBOL - 20 STP

T. ZOD G - 20 STP

LAXIVE 3 GM - 25 STP

T.ZERODOLS - 25 STP

T. CAL A-D - 25 STP

T.ZERODOL P - 25 STP

T. VINCOMAX L - 20 STP

OPTIFICET - 25 STP

RABOL D - 25 STP

ZERODOL - 25 STP

SALLAKI - 25 STP

ALGESIC - 25 STP

RIDOLOZ - 20

RX PLUS - 25 STP

ZERODOL SP - 30 STP

GUFLIC - 20 STP



Photograph 1: Total 331 Patients were registered in Health Camp



Photograph 2: 13 Doctors from different departments of CIMS were presented in Health Camp



Photograph 3: Our President Professor , Joint Director & Medical Superintendent Dr. Ramnesh Murthy , Secretary Prof. Dr. B.P. Singh , Treasure Dr. Bhupendra Kashyap



Photograph 4: Our Medical Superintendent addressing the gathering



Photograph 5: Our Medical Superintendent (Dr.Ramnesh Murthy) &Treasure (Dr. Bhupendra Kashyap) of Medical Teacher Association examining the patients



Photograph 6: Our Medical Superintendent (Dr.Ramnesh Murthy) & Treasure (Dr. Bhupendra Kashyap) of Medical Teacher Association examining the patients

Indian Journal of Preventive Medicine / Volume 6 Number 1 / January - June 2018



Photograph 7: Our Secretary Dr. (Professor) B.P. Singh examining the patients



Photograph 8: Doctors examining the patients